

TEAMWORK [SOF006]

Work as a Project Team Member

SAQA Unit Standard: 120379 **Credits:** 8 **NQF level:** 4

Duration: 1 day

OVERVIEW:

This Teamwork soft skills training course presents the factors that can make teams succeed or fail and delivers essential tools and techniques that, when applied, will facilitate effective team based activity in any organization.

Learners accessing this standard will be working as a leader in the context of a small project / sub-project involving few resources and having a limited impact on stakeholders and the environment **or** they will be working as a contributing team member on a medium to large project when not a leader. These projects may be technical projects, business projects or developmental projects. This standard will also add value to learners who are running their own business or business unit and recognise that project management forms an integral component of any business.

The Teamwork Training is ideal for anyone working in a Team.

On completion of this training, participants will:

- Demonstrating an understanding of the criteria for working as a member of a team.
- Collaborating with other team members to improve performance.
- Participating in building relations between team members and other stakeholders.
- Respecting personal, ethical, religious and cultural differences to enhance interaction between team members.
- Using a variety of strategies to deal with potential or actual conflict between team members.

Team games may include any of the following, where teams will compete against each other: (*The game will be pre-determined by the needs of the group.*)

Lego Building (Taking instructions)	Communication Strategies (Know others)
Storytelling (Learning to share)	Thoughtful Drawing (Listen to others)
Creative Visualisation (Concepts)	Treasure Hunt (Effective communication)
Spellathon (Patience & Helpfulness)	Charades (Methods of communication)
Marshmallow Challenge (Planning & Communication)	

NB. Depending on the nature and requirements of the manager – and the design of the team session, attendees may be required to complete an assessment.